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## N.S. HOCKEY STARS MAKING HISTORY

JILLIAN SAULNIER, BLAYRE TURNBULL  
TO BECOME FIRST NOVA SCOTIANS  
TO LACE UP FOR THE CANADIAN  
WOMEN'S HOCKEY  
TEAM **PAGE 16**



## Third-largest cocaine seizure in Atlantic Canada

459 kg of suspected coke caught by  
X-raying shipping containers **PAGE 2**

## Retailers, former smokers make case for e-cigs

Changes to law could see sales of  
flavoured "juice" banned **PAGE 5**



Nancy Hayes and her daughter Ariane Huot pose for a photo at their Eastern Passage home on Monday. Nancy warns parents to be cautious with Halloween treats after they found a pin in a chocolate bar Ariane got while trick-or-treating. Story, page 3. JEFF HARPER/METRO

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## Central Nova

## Charges pending in jail beating

Police in Halifax say charges are pending against two inmates at the Central Nova Scotia Correctional Facility in Burnside after a man was assaulted inside a cell over the weekend.

Spokeswoman Const. Dianne Woodworth says police were called to the jail around 9 p.m. Saturday after the injured victim was found by staff.

Police say two inmates — aged 18 and 26 — went into the man's cell and assaulted him. No weapons were used, but Woodworth says the victim was taken to hospital, where he required surgery. **METRO**



The Burnside jail. METRO FILE

## SIRT investigation

## Mounties cleared of wrongdoing after ribs broken

Nova Scotia's police watchdog has cleared two RCMP officers of wrongdoing in the arrest and detention of a man who suffered broken ribs while in custody.

The Serious Incident Response Team says there are no grounds to lay charges against either Mountie, in connection with the July 4 incident in Enfield.

The team says a 45-year-old man was arrested for public intoxication and taken to the local detachment about 30 minutes north of Halifax.

While there, the team says the man grew aggressive and tried to kick one officer in the abdomen but missed, striking her arm instead.

That's when another officer grabbed the man around his torso and pulled him to the ground.

The man later complained of pain and was diagnosed in hospital with cracked or fractured ribs.

In its report, the team concludes the officers were justified in arresting the man and the force used at the detachment was reasonable.

THE CANADIAN PRESS



Duffel bags containing what is believed to be cocaine within a shipping container. COURTESY CANADA BORDERS SERVICE AGENCY

# CBSA boasts huge drug bust at port

**459 kg of suspected cocaine.** Substance discovered by X-raying shipping containers

HALEY RYAN  
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The Canadian Border Services Agency (CBSA) appears to have made the third-largest cocaine seizure in Atlantic Canada history last Wednesday, when 459 kilograms of material were discovered in a

shipping container in the Port of Halifax.

On Monday, CBSA chief of operations Dominic Mallette said the suspected cocaine was discovered when officers using a large-scale imaging device X-rayed the container and noticed unusual objects where there should have been only 1,200 square cases of wine.

"The line has to be very clear ... and there were some round circles sitting on top (of the cases) that clearly didn't belong there," Mallette said.

Officers discovered eight large duffel bags when they

## Big win

**"The value for us is of course the reduction of crime we have in our communities."**

RCMP spokesman Const. Mark Skinner

opened the container.

In total, CBSA seized 400 bricks, 50 in each of the eight duffel bags, which were wrapped in plastic and bore the Louis Vuitton logo.

Mallette said the 459.3 kilograms (or 18 million personal doses) would be cut

down four times before being seen on the street.

"It's priceless for us," Mallette said. "We go out ... trying to protect Canadians and prevent this kind of contraband from coming in the country."

The ship bearing the substance came from Argentina and stopped in Panama before arriving in Halifax, Mallette said.

Const. Mark Skinner of the Nova Scotia RCMP said the federal serious- and organized-crime unit has taken over the case but no arrests have been made yet.



The corner of Novalea Drive and Duffus Street in Halifax. JEFF HARPER/METRO

## North end. Twin stabbings are no coincidence: Police

Halifax police say a pair of stabbings that occurred hours apart in the north end are related and not considered random acts.

Officers responded to a report of a stabbing in an apartment in the 3300 block of Novalea Drive around 9:30 p.m. Sunday. They found a 36-year-old man suffering from several stab wounds. He was treated in hospital for serious injuries and then released.

Around 2:10 a.m. Monday,

police received a report of an injury at the corner of Novalea Drive and Duffus Street. Officers found a 44-year-old man suffering from several stab wounds to the torso. He was hospitalized with injuries described as non-life-threatening.

Const. Dianne Woodworth said Monday the two victims are known to one another.

"Neither party is co-operating," she said.

RUTH DAVENPORT/METRO

# Not a nice trick at all, for teenager this Halloween

**Tainted candy.** Mom warning others after tailor's pin found in daughter's chocolate bar



HALEY RYAN

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The mother of a 14-year-old Eastern Passage girl who found a pin in her Halloween candy says she is at a loss to explain to her daughter why someone would do this.

Nancy Hayes said her 14-year-old daughter, Ariane Huot, had been breaking open the chocolate bars she collected while trick-or-treating on Halloween when she found a tailor's pin in a Wunderbar on Sunday and ran to tell her mother.

"It was scary," Hayes said Monday.

"It's an urban legend. I heard that when I was a teenager and it's still the same story, but to find one?

## Quoted

**"I think I was in shock. I didn't realize that could happen."**

Nancy Hayes

It's unbelievable."

After looking at the mini chocolate bar more closely, Hayes said she noticed two holes in the wrapper and assumed someone had pushed the pin into the bar until it came out the other side, then pushed it back until it was encased in the chocolate.

Hayes said she was planning on asking the Halifax Regional Police what to do about the situation on Monday, but someone saw Huot's photo of the pin on Instagram and called the RCMP, who are now investigating.

When Huot asked her mother why someone would do something like this, Hayes said although she's an adult, "I still don't understand."

"If you hate Halloween, if you hate kids, just don't open your door," Hayes said. "You don't have to injure them, put their life in danger, just to make a point. And what point, that you can't trust anyone? We already know that."

Huot was trick-or-treating with a friend in Cole Harbour and thinks the candy likely came from Stratford Drive, Hayes said.

They haven't opened any more of the candy Huot collected on Halloween, Hayes said, and they are thinking about throwing out the rest.

Hayes said she hopes others inspect their candy very carefully this year because there could have been more tampered chocolate handed out.

She also felt "lucky" Huot was older and in the habit of breaking open candy before eating it, Hayes said, since a four- or five-year-old might have eaten the whole thing.

"I was pretty proud of her that she listened to me," she said.



The pin in question, found in the chocolate bar. The mother of a 14-year-old Eastern Passage girl who found the pin in her Halloween candy says she's at a loss to explain to her daughter why someone would do this.

CONTRIBUTED

## RCMP 'applaud' teen for checking candy

Halifax RCMP say they "applaud" an Eastern Passage teen who checked her Halloween candy before eating it, finding a tailor's pin in a chocolate bar during the process.

On Monday, RCMP spokesman Cpl. Greg

Church said a 14-year-old girl found the pin Sunday when she broke open a mini chocolate bar she had collected while trick-or-treating with a friend in Cole Harbour.

"The circumstances are absolutely horrendous, but

... it's a phenomenal thing that she had done to ensure that the candy she received was safe," Church said.

"We applaud her very much."

Church said in his 26-year career he has never come across a case like this,

calling it "very, very rare."

RCMP seized the pin and candy wrapper, Church said.

Investigators are looking into whether similar incidents have been reported across the province and country, although he said

nothing has come up yet.

Church said the case is "a huge undertaking" because police have to look into whether the pin came from residences where the girl was trick-or-treating, the store where candy bars were purchased, whether

someone pushed it into the chocolate in a factory, or if the pin was accidentally lodged there during manufacturing.

"That's the scope of what we're dealing with," Church said.

HALEY RYAN/METRO



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## Digby. Trick-or-treaters discover man's body

Two youngsters out trick-or-treating Friday in Digby discovered a man's body lying on the uncompleted, dirt section of Mount Street below the high school.

The man, whose death was apparently the result of natural causes, was identified by police as 64-year-old Leroy Sabean, a resident of downtown Digby.

Staff-Sgt. Rocky Calhoun of the Digby RCMP detachment said police are minimizing any further impact on the youngsters — 12 or 13 years old — who discovered the body.

"We didn't talk to the kids and told the father we wouldn't be talking with them. I don't know how close they got," Calhoun said.

### Report pending

Police are still awaiting the medical examiner's report but are not treating the death as suspicious, said Staff-Sgt. Rocky Calhoun of the Digby RCMP detachment.

He added it was fortunate police had extra manpower on duty Halloween. Along with the death, there was a fight downtown and a hit-and-run collision that saw a woman's car damaged by another vehicle. A 20-year-old man was charged with dangerous driving and failure to remain at the scene of an accident. **DIGBY COURIER**

## Wildlife. Department following up on tips in moose-killing case

The public is responding to a call for help from the Department of Natural Resources, related to the illegal killing of a mainland moose spotted this fall in St. Croix.

The remains of the four-year-old moose were recently found in a wooded area off Highway 101 near Mount Unjacke.

Natural Resources reported the meat had been removed from the moose, but the head and hide were left behind.

"Public response and information has been positive and our investigators are following up on that information," said Natural Resources spokesperson Bruce Nunn.

The 600-pound moose first



The moose that was killed.  
CONTRIBUTED

made headlines Sept. 30 as an unwanted guest at a farm in St. Croix. The moose was tranquilized for safety reasons and moved to a remote area near Pockwood.

**HANTS JOURNAL**

### Supreme Court

## Trial date set for doctor accused of sexual assault

A Sydney family doctor was assigned a Supreme Court trial date Monday on a single count of sexual assault.

Dayananda Kodagoda, 65, is accused of committing the offence Aug. 19, 2013, in Sydney. The complainant in the case is a woman.

A trial for the accused is now scheduled to run from June 1 to 5.

He was ordered to stand trial after a preliminary hearing. **CAPE BRETON POST**

### Yarmouth

## Pair charged after skate board vandalized

A woman and a boy are facing charges after a skate park was vandalized last week in Yarmouth.

Police say people threw cans of paint on the skate-board park itself and the surrounding area.

Tips from the public led to two arrests on Saturday.

A 19-year-old woman and a 14-year-old boy, both from Yarmouth, are facing charges of mischief under \$5,000 and will appear in court at a later date.

**METRO**



## Yet another car-pedestrian accident

Halifax police are investigating another pedestrian-vehicle collision — the seventh in less than two weeks. The accident happened around 6:30 a.m. Monday at the intersection of Herring Cove and Dentith roads. According to police, a car driven by a 34-year-old man was turning left on a green light from Dentith to Herring Cove Road, when it collided with a 38-year-old man in the crosswalk. The pedestrian was hospitalized with injuries described as non-life-threatening. **JEFF HARPER/METRO**

# Taxes could plummet for non-profit groups

## City hall. HRM workers pitch new framework to committee



**RUTH DAVENPORT**  
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City staffers have presented HRM's grants committee with a proposed new tax framework for non-profit organizations that could see some tax bills plummet from \$93,000 to just over \$5,000.

"What we're doing here is enriching this for those who have more valuable properties but they don't have the \$10 million to \$20 million properties," said Bruce Fisher, HRM manager of fiscal and tax policy, Monday.

Finance staff have been working to replace the current complicated system of tax schedules with a system of three clearly defined categories for non-profit organizations.

The maximum tax bill for any organization would be \$20,000, but Fisher presented the committee with a scenario under which an organization's first \$2.5 million in property

### Consultations

The committee has not decided on a new tax framework and will consult with non-profit organizations before making a final recommendation to regional council.

assessments would have taxes capped at \$2,500, and the rest capped at \$20,000.

Fisher said an organization with property valued at \$3.1 million would currently pay \$93,000 in taxes before any exemptions are applied.

The taxes would fall to \$12,524 under the original \$20,000 cap — but would fall even further to \$5,024 under the two-cap proposal.

"So obviously if we're giving some very, very huge tax breaks in some cases, I guess my worry is, who is paying for that?" asked Coun. Barry Dalrymple.

Fisher said the new proposal would mean some organizations that have previously paid little to no tax would have to pay something — potentially as much as \$2,500.

He said the plan would cost

### Application approval

## Cash starts flowing for rural transit

The first rural transit community program is on the way to receiving funding under HRM's new official policy — and city staffers say there are more applications coming down the pipe.

The city's grants committee approved a staff recommendation to award \$10,000 to Musgo Rider in Musquodoboit Harbour immediately, and to award about \$36,348 more for kilometres of ser-

vice provided in 2014-15.

It's the first such funding to be approved under a new formal administrative order governing grants for rural transit programs.

Halifax Transit manager Patricia Hughes told the committee that the Bay Rider, a group in St. Margaret's Bay, is currently preparing its business case and is expected to apply for similar funding next year.

Coun. Barry Dalrymple told the committee there are also at least two more groups in his district that will be ready to seek funding in the next two to three years.

HRM about \$3.6 million a year, just over the \$3.5 million currently budgeted for tax relief to non-profit organizations.

The committee was receptive to the new framework, but also asked staff to provide detailed figures on the financial impact of exempting every non-profit organization from taxes altogether.

"If we want to ... invest in our communities, our organizations and our citizens, I think we should know what the impact could be," said Coun. David Hendsbee.

Fisher said writing off taxes completely would mean foregoing about \$1.1 million in addition to the \$3.2 million already provided in tax relief.

# Retailers, ex-smokers fuming over e-cigarette law changes

**Restricted sales, indoor ban.** Province's law amendments committee hears that law is flawed

**Retailers**

## 1,200

Health Minister Leo Clavine said the province's 1,200 retailers would be given six months to adapt from the time the legislation is passed.

Business owners and former smokers voiced their opposition to a law that would restrict the sales of e-cigarettes in Nova Scotia and ban their use in indoor public places, saying it's flawed, based on misinformation and has unintended consequences.

Dozens of presenters appeared before the legislature's law amendments committee Monday, most to oppose changes that would also apply to water pipes and would see the sale of flavoured tobacco banned, as well as the flavoured juice used by some in e-cigarettes.

Shai Sinnis, co-owner of two stores in New Glasgow and Truro called the End Vapor Shop, said e-cigarettes aren't tobacco products and shouldn't be treated as such. She said any suggested link to cigarettes was "false and not ethical."

Sinnis said research has shown that e-cigarettes are an effective way for smokers to quit tobacco and measures such as restricting flavours

would simply drive the market underground.

"It makes no sense when many other adult-designed products like nicotine replacement therapies, liquors and even condoms come fruit-flavoured," she said.

Sinnis said education initiatives and a proper regulatory regime would have more success in protecting youth from nicotine addiction than a ban on flavoured tobacco.

The changes proposed last month by Health Minister Leo Clavine would also prohibit stores from selling e-cigarettes to those under 19 and retailers would also not be allowed to display, advertise or promote the devices, effectively treating them like regular cigarettes.

Heather DeLong of Pictou said she was finally able to quit her pack-a-day smoking habit of 38 years in February because of e-cigarettes. She said no other cessation product could help her.

"Nothing worked. I was so



A man puffs on an electronic cigarette in Halifax on Feb. 7. ANDREW VAUGHAN/THE CANADIAN PRESS

hopelessly addicted to what used to be my best friend and that's tobacco," said DeLong. "I consider the e-cigs a wild success."

Mohammad Ranjbar, operations manager for 1001

Nights, a Halifax hookah lounge, said the indoor smoking ban as proposed under this legislation has created a dilemma for his business and at least two others in the city.

Ranjbar said he and his

partner have invested more than \$275,000 to start the business, which opened in March 2013. He said they spent an additional \$25,000 on an air ventilation system after being told it was neces-

sary in order to get an operational permit.

"If we knew that this was going to happen we would never have done that in the first place," said Ranjbar.

THE CANADIAN PRESS

## SMU coach resigns over retweet: School

Saint Mary's University says the volunteer coach of its men's lacrosse team has resigned over a tweet that broke an agreement the school has with its coaches.

Margaret Murphy, a spokeswoman for the Halifax university, says Mitch Hannigan retweeted an image that purportedly shows an American female beach volleyball player with the words "Give your cheeks a pinch" below her buttocks.

Murphy says the university believes the retweet is intended to be a fake or joke ad.

She says in retweeting the image, Hannigan didn't



Saint Mary's University says the coach of its men's lacrosse team has stepped down. JEFF HARPER/METRO

**Frosh controversy**

SMU introduced education programs for athletes on respectful behaviour after a video surfaced in the fall of last year showing student leaders singing a chant about underage, non-consensual sex during orientation week.

in a way that promotes "the highest principles, integrity and dignity of the sport."

Hannigan didn't respond to an emailed request for comment. THE CANADIAN PRESS

meet standards set out an agreement the school has all coaches sign.

The agreement says coaches of club teams will behave



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# Nine-year-old Gabe's dream of a Free Store comes to life

**Truro Farmers' Market.** Winter clothes up for grabs for those in need

For a very soft-spoken boy, Gabe Lattie has big aspirations.

The nine-year-old boy, with the help of his family, opened a Free Store at the Truro Farmers' Market on Sunday.

"I wanted to start the Free Store because I thought people might be looking for

clothes," said the Truro boy. "Because people might need some clothes."

The idea for the pizza-loving boy's creation came about two years ago, his mom, Michelle Thibault, says during a conversation about orphans and how many he wants to adopt.

"He often talks about why people don't just give away the things they don't use instead of asking money for it," she said from under the roof at the market early in the afternoon. "He's a loving fella and really sympathetic, and we wanted to help with

this so he can experience what it feels like to help people."

The winter clothes for people of all ages was donated over the past month-and-a-half to two months. Word about the Free Store spread mainly through family and friends, as well as Facebook posts.

But, there were people the family didn't know that were donating their items as well.

"My favourite part is that we can give out stuff," said Gabe.

When he's not attending classes as a Grade 4 student,

Gabe loves to play with his two pet chickens — Harold and Shadow.

"They just walk around and I pick them up when they're running," he said.

He loves watching SpongeBob SquarePants, either the TV show or the movie, and his favourite colour is blue.

"He was excited to open the Free Store, but he wasn't as excited to help sort through the clothes," Thibault said with a smile spreading.

"But it's a good idea of a real-life perspective."

TRURO DAILY NEWS



Gabe Lattie, 9, holds up a stack of winter hats at the market Sunday.

TRURO DAILY NEWS



## Big winds Monday serve up big surf in Cow Bay

A surfer catches a big wave in Cow Bay on Monday. Winds regularly hitting more than 40 kilometres per hour helped whip up the surf, which saw waves between seven to 11 feet in height. JEFF HARPER/METRO

## Wake of Parliament Hill. Cape Breton tightens security at city hall

The Cape Breton Regional Municipality is tightening security at city hall in the wake of the shootings on Parliament Hill last month.

At the Civic Centre on the Esplanade all doors except for the main entrance will be locked after 9 a.m. Employees and the

public will still be able to exit from any door in the building.

"Those concerns about security have come down from Ottawa about all public buildings and to all public safety officials," CBRM Mayor Cecil Clarke said.

CAPE BRETON POST

## Man, woman arrested. Halifax taxi driver robbed at knifepoint

Police arrested a man and a woman after a Halifax taxi driver was robbed at knifepoint on Monday evening.

Halifax Regional Police say the robbery happened at 5:40 p.m. in the 3800 block of Joseph Howe Drive.

Police say the driver was

robbed when he stopped to pick up the man and the woman.

The driver suffered minor injuries and was treated on scene by paramedics.

Police say robbery charges are now pending against the two accused. CAPE BRETON POST

## Fairview. Unfounded firearm call leads to heavy police presence

Halifax Regional Police say a call about a man walking with a firearm that led to a heavy police presence in Fairview on Sunday night has been deemed unfounded.

Just before 10 p.m., police were called to the area of Main Avenue and Washmill Lake

Court about someone seeing a man walking with an unknown type of firearm. Officers responded and covered the immediate area, a release states.

After further investigation, police said the call was "an unfounded incident" and they have closed the case. METRO



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## Russell Williams. Court says woman suing killer can't go after his pension

A woman pursuing a lawsuit against convicted sex killer Russell Williams can't go after his military pension for potential damages just yet, Ontario's highest court ruled Monday.

A panel of three judges found that a proposed amendment to the lawsuit's statement of claim, which would have allowed Williams' pension to be targeted, was "pre-mature."

Williams, once a rising star in the Canadian Forces, was sentenced to life in prison in October 2010 after pleading guilty to the murders of Jessica Lloyd and Cpl. Marie-France Comeau.

In early August, he reached an out-of-court settlement with some of his victims, but a suit by sexual assault victim Laurie Massicotte remains active.

Massicotte, who has chosen to reveal her identity and speak publicly about her ordeal, filed a nearly \$7-million lawsuit in 2011 against Williams, his wife and the province of Ontario.

In her claim she said the attack left her fearful, humiliated, depressed, suicidal and unable to function in society.

Massicotte made an effort to amend her statement of claim in November 2013 to go after Williams' pension for potential damages, but the



matter was turned down by a lower court, at which point she took the issue to the appeal court.

After hearing arguments on both sides, the appeal court panel agreed with the earlier decision on the pension matter.

"The motion judge denied leave on the basis that the amendments would complicate and lengthen proceedings and constitute an impediment to time and efficient disposition of the issues as currently framed," said Justice William Hourigan.

"We see no basis to interfere with the motion judge's conclusion."

THE CANADIAN PRESS

### Jun Lin murder trial

## Magnotta heard voices, doctor says

Luka Rocco Magnotta was convinced in 2005 that he was being stalked and that voices in his head told him he walked like an ape, a Toronto doctor told his murder trial Monday.

Dr. Allan Tan testified that a psychiatrist had diagnosed the accused as manic depressive and mildly schizophrenic before Tan began seeing him in 2003.

Magnotta was also taking several psychotropic medications, had been hospitalized for manic depression and was being seen by a psychiatrist, said Tan, who was Magnotta's doctor until 2009.

Tan, who was responsible for dealing with Magnotta's general health issues, testified it was in 2004 when he first noted in his files that Magnotta said he was hearing voices. THE CANADIAN PRESS

### Outbreak

## Feds to invest over \$30 million to fight Ebola

The federal government is committing an extra \$30.5 million to programs devised to shore up Canada's readiness to deal with Ebola in this country.

Health Minister Rona Ambrose says the new funding also contains an additional \$3 million to help the World Health Organization in its efforts to fight Ebola in West Africa.

The bulk of the money will be spent on research into and production of Ebola vaccine and a type of treatment known as monoclonal antibodies — \$23.5 million of the funding will go to that work.

Ambrose says \$1 million will be used to cover the cost of placing additional quarantine officers in airports, and \$3 million will be used to enhance preparedness work in Canada.

THE CANADIAN PRESS

# Ghomeshi used CBC-owned phone to send graphic texts to women, source reveals

### Ongoing scandal.

Broadcaster claims its ownership of phone refutes ex-radio star's claim he was let go due to his 'private life'

Jian Ghomeshi used a CBC-owned phone to send lewd text messages to women, a source has told Torstar News Service.

The public broadcaster believes its ownership of the smartphone refutes Ghomeshi's claim that he was fired because of how he conducted himself in his "private life."

"The contents of that phone belong to the CBC — it's the CBC's property," said a source familiar with the situation.

The source says Ghomeshi lied to CBC management when he was asked "eyeball to eyeball" about allegations of violent sexual behaviour being investigated by Torstar.

Ghomeshi showed texts and other material to CBC officials to bolster his claim, but the source said they were so shocked by what they read and saw that it had the opposite effect.

"(CBC) didn't know the scope of what they were dealing with," the source said, adding it is unclear whether CBC information technology staff have begun poring over Ghomeshi's work email account for other evidence.

It is also unclear whether



Workers scrape a wall that had a publicity photo of Jian Ghomeshi in the broadcasting corporation's Toronto offices on Oct. 27. A source reveals Ghomeshi used a CBC-owned phone to send lewd text messages to women. CHRIS YOUNG/THE CANADIAN PRESS

police, who announced Friday they are investigating Ghomeshi, are in possession of the phone. Toronto police spokesman Mark Pugash said police do not discuss details about an investigation.

Asked if CBC turned over the phone to police, spokesman Chuck Thompson told Torstar in an emailed statement that, "We are co-operating fully with Toronto Police Services."

Pugash said he had nothing to add to what was said at a police news conference Saturday, where it was revealed that three women have come forward with allegations against Ghomeshi.

Ghomeshi was fired on Oct. 26, after his CBC bosses

saw "graphic evidence that Jian had caused physical injury to a woman," CBC has said in an internal memo.

Since then, various media outlets have published the accounts of nine women accusing Ghomeshi of harassment, physical abuse and sexual assault. One of the women, a CBC employee, alleges that on one occasion on his way out of the Q studio, Ghomeshi approached her from behind and cupped her buttocks.

Ghomeshi has said that he will meet the allegations "directly" and has maintained in a Facebook post and through a \$55-million lawsuit against the CBC that all his sexual interactions have been consensual. TORSTAR NEWS SERVICE

### Fallout

## Polaris drops Ghomeshi from jury

The Polaris Music Prize has removed former host Jian Ghomeshi from its jury.

Ghomeshi had been among the 200-plus journalists, broadcasters and bloggers who annually vote on the \$30,000 award, given to the best Canadian album of the previous year.

THE CANADIAN PRESS



Floral tributes to Cpl. Nathan Cirillo sit at the National War Memorial in Ottawa on Oct. 23. Cpl. Brandon Stevenson, the young corporal who was standing sentry alongside Cpl. Nathan Cirillo the day he was killed, is set to return to duty. SEAN KILPATRICK/THE CANADIAN PRESS

## Ottawa attack. Sentry who stood guard with Cirillo to resume duties

The young corporal who was standing sentry alongside Cpl. Nathan Cirillo the day he was killed is set to return to duty — though he admits it won't be easy.

"I still believe Canada is a nation of peace where soldiers within its borders need not take up arms," Cpl. Brandon Stevenson said in a statement Monday. "My fellow soldiers and I remain proud and committed to watching over the Tomb of the Unknown Soldier as a strong, silent reminder of

every person who made the ultimate sacrifice."

Stevenson was at the National War Memorial on the morning of Oct. 22 when Michael Zehaf Bibeau killed Cirillo and then stormed onto Parliament Hill, where he died in a gunfight in the Centre Block.

Stevenson said he is still in shock and grieving the loss of his best friend, whom he'd known since Grade 9 and whose love of the military inspired him to follow in Cirillo's footsteps. THE CANADIAN PRESS



ISIS

## Militants publicly execute 36 Sunnis

Islamic State of Iraq and al-Sham (ISIS) militants shot and killed 36 Sunni tribesmen, women and children in public Monday, an Iraqi official and a tribal leader said, pushing the total number of members slain by the extremists in recent days to more than 200.

Sheik Naim al-Gaoud, a senior figure in the Al Bu Nimr tribe, said the militant group killed 29 men, four women and three children, lining them up in the village of Ras al-Maa, north of Ramadi in Anbar province.

The tribal leader said 120 families were still trapped there.

THE ASSOCIATED PRESS

Accidental shooting

## Boy, 4, shoots sister, 3, in head

Police say a three-year-old Ohio girl is in critical condition after being shot in the head by her four-year-old brother, who found a gun in a dresser.

The shooting occurred around 10 a.m. Sunday in Lorain, about 48 kilometres west of Cleveland. Police say the two children were playing alone in a bedroom when the boy found a loaded .40-calibre handgun.

A police report says the father was holding the three-year-old girl in his arms when officers arrived. The report says the four-year-old boy was crying and repeatedly told an officer he was sorry. THE ASSOCIATED PRESS

Costa Concordia

## Dismantlers find remains believed to be those of missing waiter

The company dismantling the Costa Concordia cruise ship says workers have discovered human remains believed to be those of the last missing crew member.

The Ship Recycling company said the remains were found Monday in a cabin on the ship's eighth deck. The remains were being turned over to Italian authorities for identification.

The Concordia capsized after hitting rocks near a Tuscan island in January 2012, killing 32 people. All have been accounted for except an Indian waiter.

THE ASSOCIATED PRESS



## Russia removes Jobs memorial

A girl touches the screen showing a portrait of Steve Jobs on the recently erected memorial to late Apple Corp. co-founder in St. Petersburg. The six-foot tall interactive memorial at Techno Park at the St. Petersburg National Research University of Information Technologies, Mechanics and Optics has been taken down in response to last week's announcement that the CEO of Apple, Tim Cook, is gay.

DMITRY LOVETSKY/THE ASSOCIATED PRESS

## Ebola kills doctor. Deadly disease claims fifth local health worker

A doctor in Sierra Leone has died of Ebola — the fifth local doctor in the West African nation to die of the disease, authorities said Monday.

The death of Dr. Godfrey George, medical superintendent of Kambia Government Hospital in northern Sierra Leone, was a blow to efforts to keep desperately needed health-care workers safe in a country ravaged by the deadly virus.

Sierra Leone's health-care system was already fragile before the Ebola epidemic because of past conflict and a lack of resources. The country had two doctors for every 100,000 people in 2010, compared

to about 240 doctors for the same number of people in the United States, according to the World Health Organization.

George's overnight death was announced by Dr. Brima Kargbo, Sierra Leone's chief medical officer. Doctors and nurses have been particularly vulnerable to contracting Ebola, as the virus is spread through bodily fluids.

The Ebola epidemic has set back political stability and economic recovery in the afflicted countries of Sierra Leone, Guinea and Liberia, WHO chief Margaret Chan said on Monday at the WHO regional meeting in the West African nation of Benin. THE ASSOCIATED PRESS



Health-care workers load a man suspected of being positive for Ebola onto an ambulance, in this file photo taken Sept. 24. A Sierra Leone doctor died Monday from the disease. TANYA BINDRA/THE ASSOCIATED PRESS

# Moms with HIV did not give consent to be sterilized: Court

**Namibia.** Top court upholds 2012 ruling that health workers coerced HIV-positive mothers in labour to sign sterilization forms

Namibia's Supreme Court upheld a ruling that health workers sterilized HIV-positive women without their consent, a human rights group said Monday.

The 2012 judgment that was upheld had found health workers had coerced three HIV-positive mothers to sign sterilization consent forms they did not fully understand, and while they were in labour, the Southern Africa Litigation Centre said.

The centre said the ruling sends a message to the gov-

ernment to stop the practice in the southwestern African nation, and elsewhere.

"This decision has far-reaching consequences not only for HIV-positive women in Namibia but for the dozens of HIV-positive women throughout Africa who have been forcibly sterilized," Priti Patel, the centre's deputy director said in a statement.

Sterilization is a drastic tactic to treat HIV-positive women, as mother-to-child transmission of HIV and AIDS can be prevented with medication.

Namibia's high court will assess how much money the three women should be awarded, according to the centre. The women had all sought care at government hospitals in Namibia while in labour. One woman signed a form that used only

Forced sterilization

Since the case was filed in 2009, dozens of women have told stories of similar experiences at public hospitals.

- **Namibian Women's Health Network.** The organization first began documenting allegations of forced sterilization in 2007.
- **250,000 Namibians infected.** Ten per cent of the population are living with HIV.

acronyms to describe the procedure, while another signed after being told she didn't have a choice, the centre said.

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One World Trade Center dominates the lower Manhattan skyline in this view from Jersey City, N.J. THE ASSOCIATED PRESS

# New World Trade Center rises from the ashes in NYC

**Post-9/11.** Skyscraper now open for business in Lower Manhattan, following the terrorist attack 13 years ago

Thirteen years after the 9/11 terrorist attack, the resurrected World Trade Center has opened for business — marking an emotional milestone

for both New Yorkers and the nation.

Some staffers of publishing giant Condé Nast began working at 1 World Trade Center on Monday. The 104-storey, \$3.9-billion US skyscraper dominates the Manhattan skyline. The publishing giant becomes the first commercial tenant in America's tallest building.

It's the centrepiece of the 16-acre site where the decimated twin towers once stood and

where more than 2,700 people died on Sept. 11, 2001, buried under smoking mounds of fiery debris.

"The New York City skyline is whole again, as 1 World Trade Center takes its place in Lower Manhattan," said Patrick Foye, executive director of the Port Authority of New York and New Jersey, which owns both the building and the World Trade Center site.

THE ASSOCIATED PRESS

## Is it the beginning of the end for hotel front desk?

Hotels don't want guests to have to linger at the front desk — or even stop by at all.

New programs are helping speed up the check-in process for busy travellers, or in at least one case, letting them go straight to their rooms by using their smartphone to unlock doors.

The innovations are still being tweaked as hotels scramble to catch up to airlines. Flyers today use their phones to check in, select seats and serve as a boarding pass. Hotels envision a similar relationship, with guests ultimately ordering poolside drinks via an app.

Starwood Hotels and Resorts on Monday became the first chain to let guests unlock doors with their phones. The feature is available at



The Marriott Marquis Times Square hotel in New York is among the hotels now offering with a mobile check-in option. KATHY WILLENS/THE ASSOCIATED PRESS FILE

only 10 Aloft, Element and W hotels, but will expand to 140 more properties in those brands by the middle of next year.

Hilton Worldwide is the only other hotel chain to publicly acknowledge plans for mobile room keys —

which it plans to roll out at the end of 2015 at some U.S. properties. Hilton won't say how many hotels will be included, except that the service will be available at four of its brands — Hilton, Waldorf Astoria, Conrad and Canopy. THE ASSOCIATED PRESS

### Instagram in Canada

#### Fast, beautiful way to share ads?

Facebook's popular Instagram photo-sharing app will start running ads in Canada soon.

Some users may have already seen a message from Instagram with a heads-up that advertisements will soon be displayed in their streams.

It was about a year ago that Instagram started sprinkling ads into user streams in the U.S.

THE CANADIAN PRESS

### Shomi the catch ...

#### Streaming service only for Rogers, Shaw customers

The new streaming service Shomi is being launched by Rogers and Shaw today. Seen as a competitor to Netflix, Shomi will debut with nearly 12,000 hours of content to stream — mostly TV shows — for \$8.99 a month.

Only Rogers and Shaw customers can sign up for the service at first.

THE CANADIAN PRESS

### Market Minute

**DOLLAR**  
88.05¢ (-0.67¢)

**TSX**  
14,537.62 (-75.70)

**OIL**  
\$78.78 US (-\$1.76)

**GOLD**  
\$1,169.80 US (-\$1.80)

**Natural gas:** \$4.04 (+\$0.03)  
**Dow Jones:** 17,366.24 (-24.28)

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# DON'T BE MIFFED THAT I BROUGHT A GIFT

I hate to brag, but I think I've mastered the art of attending other people's weddings.

I arrive on time to bridal showers and make small talk with great aunts. I know to buy the expensive cards with 3-D paper designs (none of that dollar-store crap). I post an appropriate amount of Instagram snapshots and always remember to include the official wedding hashtag.

Yes I'm kind of a pro when it comes to watching couples tie the knot. But there are three little words that still throw me off no matter how many nuptials I attend: "Monetary Gifts Appreciated."

As the 2014 wedding season draws to a close, I've noticed that these cash requests are becoming an increasingly popular trend for modern brides and grooms.

And it makes sense, of course. With so many couples marrying later on in life and living together before they walk down the



SHE SAYS

**Jessica Napier**  
metronews.ca

aisle, traditional household items are usually already taken care of, which makes cold hard cash the more practical and desirable gift.

And yet, there's just something about giving cash at a wedding that makes me uncomfortable. It's like saying: "Congratulations, you guys. I love you this exact dollar amount and not a penny more."

Couples often choose to dress up their money grab as a collection fund for a meaningful goal, such as a honeymoon or a down payment.

Some even send out an "Ask for Cash" poem along with their invites. The cutesy verses are designed to nudge guests into pulling out their cheque books rather than buying a toaster oven: "Thanks for coming to our bash; instead of gifts, please bring us cash!"

But even if you make it rhyme; cash demands seem out of line. A big fat cheque might make you happy; I just think it's awfully

tacky. And if I decide to bring a gift, it really shouldn't make you miffed.

I get it. Weddings aren't cheap and financially savvy couples are smart to try and get a return on investment from their friends and family.

However, there's something a bit crass about slapping, "No Boxed Gifts" and other not-so-subtle suggestions on your wedding invite.

Perhaps I'm in the minority here. Writing a cheque is certainly easier and less time-consuming than spending the afternoon at Pottery Barn combing through a gift registry.

But I just hate feeling like I'm paying an admission price to watch a couple say, "I Do".

I'm happy to cough up hundreds of dollars in wedding-related costs for close friends and family.

But when I do, I want to buy something meaningful to commemorate the couple's special milestone. I don't want to stuff a wad of bills into an envelope to help them pay off the DJ at the end of the night.

## The donkey barber



Mohamed Mustafa, right, clips the mane of a donkey as his father, Mahmoud, left, holds an ear at their makeshift barbershop in Cairo, Egypt. Mahmoud is one of Cairo's donkey barbers, a unique trade in the region, an expert in trimming and styling horses, camels, mules, sheep, goats, dogs and donkeys.

MAYA ALLERUZZO/THE ASSOCIATED PRESS

## Bringing beauty to beasts of burden

In the shadow of Cairo's medieval aqueduct, Mohamed Mustafa teaches his five-year-old son the family's trade, one shear at a time.

Mohamed is one of Cairo's donkey barbers, an expert in trimming and styling horses, camels, mules, sheep, goats,

dogs and donkeys. He is a third-generation qassasseen, the Egyptian Arabic term for animal barber, and his grandfather worked in Cairo's Abdeen Palace.

Mohamed's father, Mahmoud, taught him the trade and now, near Old Cairo along the road following the aqueduct, he teaches the craft to his son Mustafa.

It is a profession often looked

down upon in Egyptian society, as he works with the beasts of burden that still roam modern Cairo's streets, pulling carts filled with vegetables or loads of trash from neighbourhoods.

But workers rely on the animals and take pride in them, getting them haircuts or having their fur shaved with designs or their initials ahead of major holidays.

THE ASSOCIATED PRESS

## Dangerous work

Mohamed traces to a scar across his right jaw with a finger missing its first joint.

- "One horse bit my finger off, another horse hit me here," Mohamed says, pointing to a scar on his jaw.

MetroTube



## Taking the Internet by storm



**ANDREW FIFIELD**  
andrew.fifield@metronews.ca

There's a lot to be said for natural talent, and this kid has got it. Asked to guest-host the Halloween night weather forecast on WGN Chicago's Friday Forecasters segment, your boy here showed up dressed like Lionel Messi and ready for prime time. (WGN News/YouTube)



SCREENGRAB

Twitter

We asked readers to write a caption for this penguin robot photo:



THE ASSOCIATED PRESS

**@Vanstonel:** Okay, this new guy has wheels... but can he dance? #HappyFeet

**@thejimpster:** And whatever caption wins... PLEASE get Morgan Freeman to read it. #MarchOfTheRobotPenguins

**Check out the other answers @metropicks.**

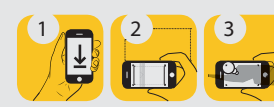


SEE THE NEWS COME ALIVE

In this issue, you can find AR enhancements on page 17 in Sports.

To see these pages spring to life, download or update the Metro News app and follow these three easy steps:

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## DVD review



### A Most Wanted Man

Director. Anton Corbijn

Stars. Philip Seymour Hoffman

• • • • •

Philip Seymour Hoffman tragically died of a drug overdose in February, days after the premiere of Anton Corbijn's *A Most Wanted Man*, a spy thriller based on a John le Carré novel.

Hoffman leaves us with a quality film that showcases his tremendous depth and range as an actor. He's convincing in both voice and bearing as Günther Bachmann, chief of a German anti-terrorist squad in Hamburg, the port city where the Sept. 11 attacks were hatched. He's determined to prevent another such disaster.

More of an espionage procedural than standard-issue spy thriller, *A Most Wanted Man* doesn't always make the best use of its impressive cast including Robin Wright, Rachel McAdams and Willem Dafoe.

### The One I love

Director. Charlie McDowell

Stars. Mark Duplass, Elisabeth Moss

• • • • •

You might imagine you're hearing *The Twilight Zone* theme throughout *The One I Love*, and there's no surprise when a reference is made to it.

Mark Duplass is Ethan, the dull husband of Sophie, played by *Mad Men*'s Elisabeth Moss. The couple used to do wild things together, but time, and Ethan's cheating, has tamed their life and dimmed their passion. They're offered a chance to "reset the reset button" by their marriage counsellor (Ted Danson), who sends them to a private retreat that has done wonders for clients.

Director Charlie McDowell and screenwriter Justin Lader raise both smiles and pulses with their impressive feature debut. **PETER HOWELL**

# New country artist nominee takes the road less travelled

**Music.** Dark horse singer-songwriter Brandy Clark finds her own path to CMAs

The year's most buzzed-about new country artist is one most country fans may never have heard on the radio.

Brandy Clark, an openly gay artist who sings, amongst other things, about pot-smoking housewives, had almost given up on becoming performer herself, despite writing hits for headliners like The Band Perry and Miranda Lambert. But her debut album, *12 Stories*, which peaked at No. 23 on Billboard's Top Country chart, took her on a slow-burning path to this year's nomination for new artist of the year at the Country Music Association Awards on Wednesday.

"I had been passed on a lot," said Clark, 37, during a recent interview at her management office on Music Row in Nashville. "I think it's because I didn't really fit what is a mainstream country artist. I was over 30 and over a size 2. I was kinda more your average woman than your average supermodel, which is why my music resonates, though."

To call her a dark horse in the awards show is somewhat of an understatement. She's the only female artist in the new artist category and her album didn't get one single on the country charts. While the rest of country music is awash in good-time party feelings, she's singing dark,



Singer Brandy Clark SHORE FIRE MEDIA

## Quoted

**"I didn't really fit what is a mainstream country artist ... which is why my music resonates though."**

Brandy Clark

edgy tales about infidelity, divorce, murderous lovers and painkiller addiction.

Clark also shares a songwriting nomination with Kacey Musgraves and producer/songwriter Shane McAnally for song of the year for *Follow Your Arrow*, a song that was censored during last year's television airing of the CMA Awards for a mention of "roll up a joint."

"Like I said early on to my

manager, my music is Showtime and HBO," Clark said. "And I'm going to always keep it Showtime and HBO."

But she's also got a lot going in her favour. *12 Stories*, which came out in 2013 on the independent label Slate Creek Records, was named one of the year's best albums by several national music critics and Warner Bros. plans to re-release it. Her most vocal supporters are heavy hitters like Musgraves and Eric Church, for whom she's currently opening on tour.

"I think with or without a nomination, what Brandy does is so strong on its own that it can't help but reach people," Musgraves said in an email interview. "It's just too good. But it makes me really

happy to see people like her getting the recognition and nominations that are so wildly deserved for our genre."

And while Clark is not the first gay artist to be nominated — most notably singer Chely Wright had multiple CMA nominations before coming out in 2010 — Clark said if people want to believe she's breaking down boundaries in country music, she's glad to take on that role.

"I feel so fortunate to be in a time where I am embraced completely as who I am and I don't have to hide who I am in any way," Clark said. "I hope that we've broken some boundaries and things are changing. I feel very included in the country music community." **THE ASSOCIATED PRESS**

## Streaming. Taylor Swift breaks up with Spotify

Like most days as of late, today is an important one if you're a Taylor Swift fan. First, the singer not only announced all the dates of her North American tour, but also that the opening act will be singer-songwriter Vance Joy. But she also unexpectedly pulled all her music off of Spotify, the popular music-streaming service.

When Swift released 1989 last week, Spotify users could stream the album without buying it. Not anymore. And Spotify is not happy about it. The company released the following statement about the breakup:

"We love Taylor Swift and



Taylor Swift GETTY IMAGES FILE

our more than 40 million users love her even more ... We hope she'll change her mind and join us in building a new music economy that works for everyone. We be-

lieve fans should be able to listen to music wherever and whenever they want, and that artists have an absolute right to be paid for their work and protected from piracy. That's why we pay nearly 70 per cent of our revenue back to the music community.

PS — Taylor ... there's more than 40 million of us who want you to stay, stay, stay. It's a love story, baby, just say, Yes." Spotify is also attempting to woo her back with specially curated playlists. But surely Swift gets it. This isn't her first breakup.

**EMILY LAURENCE/  
METRO IN NEW YORK CITY**

## Taylor Swift's Canadian dates

Taylor Swift is coming to Canada, but not until 2015.

- July 6: Ottawa at Canadian Tire Centre.
- July 7: Montreal at Bell Centre.
- Aug. 1: Vancouver at B.C. Place Stadium.
- Aug. 4-5: Edmonton at Rexall Place.
- Oct. 2-3: Toronto at Rogers Centre.

- Opening acts: Shawn Mendes and Vance Joy.





Selena Gomez ALL PHOTOS GETTY IMAGES

## Orlando, Selena and Justin: Who's dating who again?

It's been a bit since Selena Gomez's well-intentioned friends have expressed their concern about her attachment to on-again, off-again boyfriend Justin Bieber, so let's refill that tank, alright?

Gomez is supposedly dating noted Bieber sparring partner Orlando Bloom now, but her friends are worried her heart isn't really in it.

"She is absolutely not

into Orlando, because she is still obsessed with Justin and always will be," a source tells Radar Online. "Everyone is really sick of hearing the same old story. Nothing changes with them. She gets back with him, he lies, he gets caught, she gets upset and then tries to make him jealous. She needs to just let go." Or maybe these friends need to take their own advice.

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word

## Heigl goes from rude to reasonable



NED EHRBAR  
Metro in Hollywood

Katherine Heigl has a new TV series debuting in a couple of weeks, which means she's doing lots of publicity — which in turn means she has to deal with a lot of media and fan inquiries about her "difficult" reputation. Like in a recent Facebook Q&A session when a fan asked Heigl about "rumors that you're very rude."

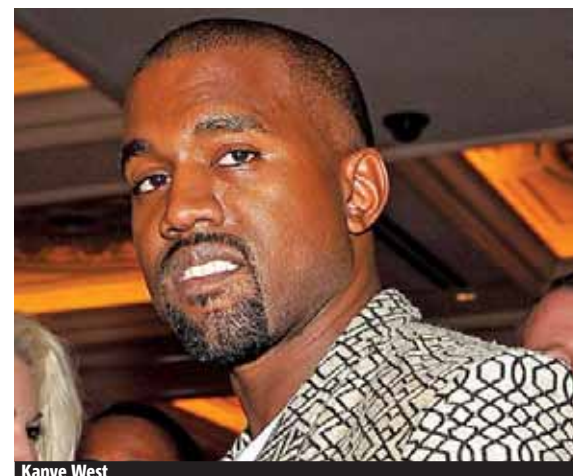
Boy, this should be good. "Yeah I've heard those too," Heigl responded. "Honestly, I don't think I am. Nothing

makes me more uncomfortable than confrontation or hurting someone's feelings, and I would never, ever actively do so on purpose.

"Of course, just like any human being, I've made mistakes and unwittingly or carelessly spoken or acted, but I always try to make any wrong right.

"That doesn't mean I won't stand up for myself by drawing boundaries and asking to be treated kindly and respectfully, but I don't do that with any rude or unkind intentions, just with the same strength and honesty I think every one of us is entitled to."

Dang it, if she's going to keep being so reasonable, this isn't going to be any fun. Now what do I do? Mock her for ending a sentence with a preposition?



Kanye West

## Guess which hip-hop star thinks he's the Lord Grantham of L.A.?

Kanye West wants to name his new, \$20-million US Los Angeles home after the fictional home on Downton Abbey. Because of course he does. West, a noted master of subtlety and understatement, "wants the home to resemble Downton in its grandeur and regality, and there will be a sign naming it Highclere

Castle," a source tells the Sun. "Kanye loves calling (wife Kim Kardashian) 'lady.' He basically thinks he's an even cooler version of Lord Grantham."

It could be worse, I suppose. Just imagine if he'd been watching a lot of He-Man instead and wanted to call it Castle Grayskull.

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## Biggie Domestic Short Hair

Ten-year-old Biggie, an average-sized gal at best, looms large in every other respect. She is people-friendly: purring and warbling for visitors and new friends. Gently scratch her head and you'll be rewarded with a rub and bunt against your hand in enthusiastic appreciation. Biggie would welcome a new forever home without small children and as long as she is showered with the love and respect she deserves, we anticipate her integration to be quick and seamless. **If you have a soft spot for tabbies, we highly recommend that you drop by and visit Biggie today.**



For more information on **Biggie** and other adoptable furry friends, visit [www.pas.spcans.ca](http://www.pas.spcans.ca) or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or [info@pas.spcans.ca](mailto:info@pas.spcans.ca)

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## Super body secrets

### Cosmetic procedures.

The number of men going under the knife has increased

EVA  
KIS  
Metro in New York City

Between the uber-sculpted uniform of Batman to the bona fide god Thor having his own franchise, pressure is ramping up on Hollywood's leading men to look capable of the feats their characters perform.

But while action stars talk up their gruelling training and special diets, there may well be another kind of body-shaping professional whose work will go unacknowledged, says Dr. Brent Moelleken.

The Beverly Hills plastic surgeon took part in Superhero Bodies, a new documentary by RealSelf, the online community for elective surgery, about how the demands of modern super-

hero roles are pushing actors to their physical limits — and the effect that's having on men.

The number of cosmetic procedures being performed on American men has risen 273 per cent in the last 16 years, according to the American Association of Aesthetic Plastic Surgery, with liposuction and ab-sculpting being the most common in 2013.

"The trend toward being ultra-fit is more so there than ever," he says. "It used to be a man could get by with a pot belly and graying sideburns and look distinguished. But now that's not enough — in order to make it in Hollywood, you have to be cut. That really mirrors what's going on in society."

We asked Moelleken about where fantasy begins.

### How real is what's onscreen?

Celebrities are a fantasy. These celebs have a whole entourage around them that depend on maintaining that image.

### You have to be realistic in

### surgical expectations, right?

We can improve on what you have, but we can't make you into Hugh Jackman if you're not already close to Hugh Jackman to begin with.

### For some stars, can steroids and human growth hormone also enter the picture?

They're willing to do anything to succeed, and that's an important lesson for people who are aspiring to have bodies like the superheroes. There may be a price to pay for that, in degeneration of your health, kidney problems, hip problems. Long-term steroid use is very hard on you.

### What is driving ordinary men to get plastic surgery?

Almost every job has a sales component to it. You walk into a room and people are assessing you — and usually the people at the table assessing you are in their 30s now. If you walk into the room looking old and irrelevant, you're not gonna get that job.

### Super costs

According to an estimate from RealSelf, the online community for cosmetic surgery, the average man would need 11 procedures adding up to \$76,950 US to get the modern superhero look, from the strong chin to bulging quads.



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- 5 Calvin Harris ft John Newman  
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- 4 Sam Smith  
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- 3 Jason Derulo  
Trumpets
- 2 Iggy Azalea ft Rita Ora  
Black Widow
- 1 Jeremih ft YG  
Don't Tell 'em

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# Reach into the fisherman's net for a warming catch of the day

## Health Solutions

### Master a nourishing meal with these tips



**NUTRI-BITES**  
Theresa Albert  
DHN, RNCP  
myfriendinfood.com

The French dish called bouillabaisse serves up a brothy stew chock full of fish.

I had the distinct pleasure of enjoying the Italian-American version called Cioppino at Geraldine Bistro in Toronto. This version, set in a tomato-white wine broth was topped with a homemade mayo that rounded out the flavours.

Eaten with a spoon so that each piece of soft, tender fish can be slurped and each mussel enjoyed, the remaining broth is meant to be dipped into using hearty, chewy bread.

Can you think of any more nourishing, comforting fall meal? Me neither.

Here are some tips for making your own at home.

- Start with a hearty jarred tomato sauce. It will create the foundation.
- Cook onions in a hot skillet and deglaze the pan with a good, sweet-ish white wine and reduce by boiling to reduce and concentrate the flavours and eliminate the alcohol.
- In the absence of fish stock, use clam juice, but be careful not to simmer to reduce any further. It can be quite salty.
- Cook any shellfish in broth, covered first and then top with fish. Cover to semi-simmer, semi-steam.
- Choose at least three different kinds of fish and feel free to ask for any trims and end cuts to economize. You don't need large pieces, — just mouthfuls.
- A homemade mayo is simple, but choose the best jarred version you can find, containing real ingredients, and stir in fresh minced garlic to fake it.

**THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM**



**START TO FINISH**  
20 MINUTES

This recipe serves four. THERESA ALBERT

**Cioppino.** This fishy stew boasts delicacies such as salmon, cod, shrimp, mussels and a mayo-based topping

**THERESA ALBERT**  
myfriendinfood.com

This dish comes together in about 20 minutes and is a great

way to get a bowlful of brain boosting omega-3s and essential lycopene from tomatoes.

1. Sauté onions and garlic in olive oil for 5 minutes. Add white wine and boil for 5 minutes uncovered. Add tomato sauce, basil and clam broth. Cover tightly, bring to a boil.

2. Add mussels and simmer covered for 5 minutes. Add remaining fish, cover and cook for 5-8 more minutes. Meanwhile, mix topping ingredients.

## Ingredients

- 1 medium onion, chopped
- 1 garlic clove, minced
- 1 tbsp extra virgin olive oil
- 1/2 cup white wine
- 2 cups tomato sauce
- 1/4 tsp dried basil
- 2 cups clam broth
- 8 mussels, shelled
- 8 raw shrimp
- 1/2 lb cod fillet (or other firm white fish)
- 4 oz salmon fillet

## Topping

- 1/4 cup mayonnaise
- 2 tbsp plain Greek yogurt
- 1 clove fresh garlic, minced
- 1 tbsp fresh lemon juice
- Pinch cayenne pepper

3. Divide into large bowls and top with topping. THERESA ALBERT

(@THERESAALBERT ON TWITTER AND FOUND AT MYFRIENDINFOOD.COM)

# Crostini with meaty textures

Looking for a great appetizer? How about classic crostini?

This recipe calls for salting and draining eggplants and tomatoes, an essential step to remove excess water and produce not only a meatier texture, but also concentrated flavour. Roasting vegetables caramelizes their natural sugars, further deepening the flavours. The result is rich.

The naturally sweet Eggplant-Tomato Crostini gets tied together with balsamic glaze and Parmesan.

1. Heat the oven to 450 F. Line a rimmed baking sheet with foil and coat with cooking spray.

2. In skillet over medium heat, cook onions with drizzle of oil and a pinch of salt, stirring regularly until caramelized, 20 minutes. If onions begin to stick, add a teaspoon of water.

3. Meanwhile, in a mesh strainer over the sink or a bowl, combine the eggplants and tomatoes. Sprinkle in several hefty pinches of salt, then toss light-

ly. Allow to sit for 15 minutes to drain excess liquid. Spread the mixture on the prepared baking sheet and drizzle with olive oil. Roast for 15 to 18 minutes, or until tender and browned.

4. In bowl, combine eggplant, tomatoes and caramelized onions. Spoon mix onto slices of toasted French bread, then drizzle with balsamic glaze and sprinkle with black pepper. Top with some of Parmesan cheese and watercress. Serve immediately. THE ASSOCIATED PRESS

## Ingredients

- 2 large yellow onions, quartered and sliced
- Extra-virgin olive oil
- Kosher salt
- 2 small eggplants, diced
- 1 pint cherry tomatoes, halved
- Toasted, sliced French bread
- Balsamic glaze, to serve
- Ground black pepper
- Parmesan cheese, to serve
- Watercress, to serve



This recipe serves six. MATTHEW MEAD/THE ASSOCIATED PRESS

# Nova Scotians realize Team Canada dreams

**Hockey.** Jillian Saulnier and Blayre Turnbull make their national team debuts tonight



KRISTEN LIPSCOMBE  
kristen.lipscombe@metronews.ca

When Jillian Saulnier and Blayre Turnbull pull their Team Canada jerseys on this week at the 2014 Four Nations Cup in Kamloops, B.C., they'll be making both personal and provincial hockey history — or, more appropriately, her-story.

Not only will they play their first international games as members of the Canadian National Women's Hockey Team, but the 22-year-old from Halifax and 21-year-old from Stellarton will become the first Nova Scotians to do so.

Their first chances to wear the maple leaf with the senior national squad could come tonight, when Canada faces off against Sweden at the Interior Savings Centre. The game airs live on TSN, with puck drop at 11 p.m. AT.

"Growing up in the Maritimes, there were ... girls that I looked up to," Saulnier said in a recent interview. "But to know that the line (has) finally been crossed now, and I was able to make the team with Blayre, is really, really special."



Forward Jillian Saulnier, 22, of Halifax, attended the Canadian women's hockey team's Fall Festival this September in Calgary before being named to the roster representing the country this week at the 2014 Four Nations Cup in Kamloops, B.C. JAMES EMERY/HOCKEY CANADA IMAGES

For both Saulnier and Turnbull, making the Canadian cut is the realization of a childhood dream, now coming true in Kamloops, but created while growing up playing the game back home on the East Coast.

"I had this goal set for me since I was four or five," said Saulnier, who played for the

Halifax Hawks en route to eventually joining the Cornell University Big Red, where last season she was named a top-three finalist for the Patty Kazmaier Award, recognizing the top female player in NCAA Division I hockey.

"It's a pretty unbelievable feeling, to know that you can really do it," the five-foot-five,

144-pound forward said.

Teammate Turnbull was "in shock" when she got the phone call from Hockey Canada, just before a pre-game skate with the University of Wisconsin Badgers, which she captains this season.

"It didn't really register that I had actually made the national team, but once I

## Quoted



"I cherish every moment I get wearing the Team

Canada jersey."

Blayre Turnbull of Stellarton

started telling some of my teammates and seeing their reactions, it just got really, really exciting," the five-foot seven, 155-pound forward said.

Turnbull and Saulnier will be on the ice alongside 10 players who won the gold medal at the 2014 Olympic Winter Games in Sochi, Russia. Hockey Canada announced Monday that two-time Olympic gold medalist Haley Irwin will captain the contingent for this year's Four Nations Cup, which also features Finland and the U.S., starts today and runs through Saturday. 0

"It's something that I've been wishing for since I started playing hockey as a little girl," Turnbull, who pursued her passion first on an outdoor pond and then at Shattuck St-Mary's prep school, said of lacing up her skates next to her hockey heroines.

Both hope to inspire the next generation of Nova Scotia female hockey stars.

"I love going back and seeing those younger girls," Saulnier said. "They can do it, too."

## Rainmen re-sign all-star guard

Guard Joey Haywood will soon be back in a Halifax Rainmen jersey.

The National Basketball League of Canada club announced Monday it has re-signed the six-foot-two, 180-pound guard from Vancouver just in time for the 2014-15 regular season.

Haywood played for the Rainmen from 2011 through 2013, during which time he averaged 14 points per game and received several league honours, including being named Canadian of the Year, as well as to both the NBLC All-Star Team and NBLC All-Defensive Team.



Joey Haywood CONTRIBUTED

He was also a star player for the Saint Mary's Huskies, becoming one of the leading scorers in Canadian Interuniversity Sport and receiving All-Can-

adian status.

Most recently, he played professional ball overseas with Basket Ligaen in Denmark.

Haywood is expected to arrive in Halifax on Wednesday.

The Rainmen split their pre-season games, edging the Moncton Miracles 108-106 on the road Oct. 26, and then falling 93-91 to the Prince Edward Island Storm last Friday at home.

Regular-season action kicks off Friday on the road against Moncton at 7 p.m., with the home opener set for Saturday against the Island Storm, at 7 p.m. at the Scotiabank Centre.

KRISTEN LIPSCOMBE/METRO

## QM/JHL

### Mooseheads to honour military Friday night

The Halifax Mooseheads will hold their 11th annual Department of National Defence appreciation night when they welcome the Saint John Sea Dogs this Friday night.

The puck drops at 7 p.m. inside the Scotiabank Centre, where the Herd will don specially designed jerseys. The jerseys will be raffled and auctioned off online in support of the Camp Hill Veterans Memorial Garden at the QEII

Health Sciences Centre.

This year's event recognizes the 100th anniversary of the Canadian Submarine Force, a Halifax Mooseheads news release said Monday.

The Quebec Major Junior Hockey League club has raised almost \$81,000 to "help better the lives of our veterans," the release said of the annual event.

Upwards of 1,000 Canadian Armed Forces members are expected to attend Friday night's game, which will also feature a military flag party, ceremonial puck drop, moment of silence and the Stadacona Band performing the national anthem. **METRO**



# Melky money: Cabrera is Jays' top off-season target

**MLB.** Left-fielder tops Toronto's list, but free agency cost for Dominican could prove too high for Toronto

Starting Tuesday, Melky Cabrera will begin to find out what he's really worth and the Toronto Blue Jays will have a better idea of whether they can hang on in the bidding for the free-agent outfielder's services.

Although MLB free agency technically opened at the conclusion of the World Series, negotiations with new teams only begin in earnest following a five-day "cooling-off period," during which time potential suitors can only discuss general interest without exchanging numbers.

So Tuesday could be a pivotal day in setting forth how the Jays' off-season shapes up.

General manager Alex An-



**Melky Cabrera's .808 on-base-plus-slugging percentage was 34th highest in the majors, making him one of the most desirable bats available in free agency. Scan the image with your Metro News app for a look at more of the top free agents available. GREG FIUME/GETTY IMAGES**

thopoulos suggested over the weekend that he and Cabrera's agents were "far apart" and that it would likely take offers from other teams to bring them closer together. He reiter-

ated those points Monday morning on Sportsnet radio.

"It may be one of those things where (Cabrera) needs to go out and see what the offers are to really find out what

**Teasing 200 hits**

## .301

Before breaking his finger sliding into a base at the beginning of September, Melky Cabrera was on his way to becoming just the sixth Blue Jay ever to reach the 200-hit plateau. His .301 batting average was tops among Jays and 14th highest in the majors.

his worth is," Anthopoulos said. "No one knows what his true market value is because there really isn't anybody to compare him to."

Re-signing Cabrera is the Jays' top priority and is part of the reason they traded Adam Lind and his \$7.5-million contract to the Milwaukee Brewers on Saturday. Cabrera has expressed a desire to return to Toronto — he fits well in the Jays' clubhouse and lineup — but the 30-year-old Dominican is not going to take a discount to stay. He may, however, give the Jays the opportunity to match an offer. **TORSTAR NEWS SERVICE**



## Blues hop Rangers in N.Y.C.

New York Rangers forward Martin St. Louis gets knocked to the ice by St. Louis Blues centre Jori Lehtera on Monday night at Madison Square Garden in Manhattan. The Rangers forward had a pair of goals, but the Blues escaped New York with a 4-3 shootout win.

**BRUCE BENNETT/GETTY IMAGES**

# Hype is Real in Europe

Cristiano Ronaldo needs one goal to match the Champions League's all-time record when Real Madrid hosts Liverpool on Tuesday. Here's a look at some European storylines going into this week's action:

**THE ASSOCIATED PRESS** Photos by Getty Images



## Ronaldo unbound

Ronaldo has scored in 12 straight appearances in all competitions for Real Madrid. His goal on Saturday, in a 4-0 rout at Granada, made him the first Madrid player to score in eight straight Spanish league games.

Liverpool was outclassed 3-0 in the first meeting and will face an even tougher task Tuesday, with Madrid playing its best football since the arrival of coach Carlo Ancelotti last season.

Real Madrid has outscored opponents 46-7 during an 11-game winning streak.



## Suarez back at Ajax

Luis Suarez established his checkered reputation when playing for Ajax, scoring 81 goals from 2007-11 while also earning his first of three suspensions for biting.

Now Suarez returns to Amsterdam to face Ajax Wednesday with his new club Barcelona struggling.

"I'm grateful to be able to go back, (Ajax) is a team that gave me a lot and helped me grow," Suarez said after Barcelona was upset 1-0 at home by Celta Vigo on Saturday, its second straight loss.



## Struggling City

While Chelsea and Arsenal could qualify with wins this week, it's set to go right down to the wire for Manchester City.

City's struggles in the Champions League continue as it has picked up just two points from three games, although Bayern Munich's dominance of Group E leaves the English champs with a chance of qualifying as runner-up.

A home victory over CSKA Moscow on Wednesday is imperative, though, if City is to overhaul Roma, which is two points ahead in second.



## Bayern bulldozing

Complacency appears to be the biggest danger facing Bayern Munich.

The powerhouse appears to have the German domestic title sewn up after just 10 games, while the Champions League has seemed even easier so far, they beat Roma 7-1 in their last match and host the Italian side Wednesday.

"We have to keep trying to improve things and cannot let up," said Arjen Robben. "We're on the right path but we shouldn't think it all comes naturally."

**MLB**

## Twins turn to Molitor to turn around fortunes

The Twins hired Paul Molitor as manager on Monday, giving the Hall of Fame infielder and Minnesota native a three-year contract with a team coming off four straight seasons of 92 or more losses.

**THE ASSOCIATED PRESS**

**MLB**

## Manager Maddon takes reins at Wrigley Field

Joe Maddon was introduced Monday as the Chicago Cubs' fifth manager since the start of the 2010 season and given a \$25-million, five-year contract.

Chicago's front office had planned to bring back Rick Renteria until Maddon opted out of his contract with the Rays last month. **THE ASSOCIATED PRESS**

**Rugby**

## Barbarians select Canadian pair

Jason Marshall (North Vancouver) and Sean Duke (Vancouver), following in the footsteps of former Canadian rugby captains Gareth Rees, Al Charron and Mark Wyatt, have been selected to play for the prestigious Barbarians against the Leicester Tigers on Tuesday.

The Barbarians are an invitational side featuring players from across the globe and known for their attractive, free-flowing style of play. Tuesday's game in Leicester, England is part of their 125th anniversary.

The squad against the Tigers will include players from Australia, Canada, England, Ireland, New Zealand, Samoa, Scotland and South Africa.

**THE ASSOCIATED PRESS**



**Vancouver's Sean Duke**  
**GETTY IMAGES**



## BREAKFAST FORECAST

*Warm with a 100% chance of crunchy.*

### Sudoku

#### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

#### Yesterday's Sudoku

3	5	4	1	6	9	8	7	2
8	7	1	2	5	3	9	4	6
9	2	6	8	7	4	3	1	5
2	8	3	5	9	1	4	6	7
1	4	9	6	8	7	5	2	3
5	6	7	4	3	2	1	9	8
4	1	8	7	2	5	6	3	9
6	3	2	9	1	8	7	5	4
7	9	5	3	4	6	2	8	1

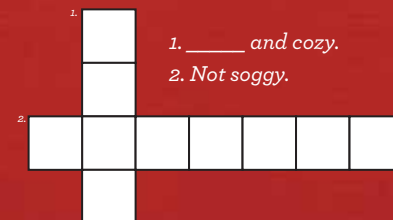
### Conceptis Sudoku

By Dave Green

			1	6	9			
	7			5			4	
9		6				3		5
2								7
1	4						2	3
5								8
4		8				6		9
	3			1			5	
			3	4	6			

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## BONUS CROSSWORD



1. \_\_\_\_\_ and cozy.
2. Not soggy.

### Horoscopes by Sally Brompton

#### Aries

March 21 - April 20

Don't take anything for granted over the next few days. The approaching full moon means that someone you are involved with business-wise may well be saying one thing while doing another.

#### Taurus

April 21 - May 21

A touch of realism is needed today, both on a creative level and in affairs of the heart. You don't want to be unkind, but you realize it is better to be blunt than misunderstood.

#### Gemini

May 22 - June 21

There are two ways you can deal with a problem: the quick way that calms things down in the short-term but does not guarantee it won't return; or the long way that takes more effort but is more effective. You know which is best.

#### Cancer

June 22 - July 23

A creative or romantic problem may seem to have no answer because you are looking at it from a negative angle. Raise your sights and it will quickly become apparent what needs to be done.

#### Leo

July 24 - Aug. 23

You need to find a better balance between your home life and your work life. Loved ones will give you the support you need but only if you are prepared to find time in your busy schedule to ease their doubts and fears.

#### Virgo

Aug. 24 - Sept. 23

A minor disagreement could escalate with alarming rapidity over the next 24 hours. The sad fact is some people are ridiculously touchy, so watch what you say and how you say it.

#### Libra

Sept. 24 - Oct. 23

You may be in a position today to help a friend resolve a dispute of some kind but unless they directly ask you to get involved you are strongly advised to keep your distance.

#### Scorpio

Oct. 24 - Nov. 22

The more someone tells you that your plans are not likely going to work out the more determined you will be to see them through to completion. You feel you have something to prove.

#### Sagittarius

Nov. 23 - Dec. 21

Plans made over the weekend may have to be changed or abandoned as reality sets in. The simple fact is you do not have the time or the resources to do what you said you would do.

#### Capricorn

Dec. 22 - Jan. 20

How hungry are you for success? If you are typical of your birth sign you are very hungry indeed and what you achieve between now and the end of the year will be little short of extraordinary.

#### Aquarius

Jan. 21 - Feb. 19

Watch out you don't upset people whose support you are going to need. No matter what happens, at work or in your private life, keep a cool head and keep telling yourself it will all come good in the end. It always does.

#### Pisces

Feb. 20 - March 20

It may seem as if some kind of barrier is too big for you to find a way around but don't give up. The approaching full moon will cause a number of things to come crashing down and maybe that barrier will be one of them.



*The best of both bowls.*



## AUGMENTED REALITY

**Stuck on 12 Across?**  
**Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.**



→ See the full instructions on Metro's Voices page.

## Yesterday's Crossword



### Online

See today's answers at [metronews.ca/answers](http://metronews.ca/answers)



## Crossword: Canada Across and Down by Kelly Ann Buchanan

### Across

1. Gettin' \_\_\_ Wit It by Will Smith
6. Terpsichore, in ancient Greek mythology, for one
10. \_\_\_ artist
14. Range
15. Caspian Sea country
16. Fashion magazine
17. Calgary neighbourhood
19. Gomer \_\_\_ (Jim Nabors role)
20. Saturday Night Live alum Horatio
21. "I \_\_\_ you so!"
22. Possessed, in ye olden days
23. Aahs' friends
25. Say "Cheese!"
27. Agnes Moorehead television role
30. Famous King, commonly
31. Healthy retreat
34. What Newfoundlanders are according to the Canadian Kennel Club: 2 wds.
37. Mr. Aykroyd
38. Ancient Greece's love god
39. Own, to a Scot
40. Telecommunications speed unit
41. Knock
42. Cariboo Gold Rush town in BC founded in 1862, a National Historic Site of Canada
46. \_\_\_ Na Na

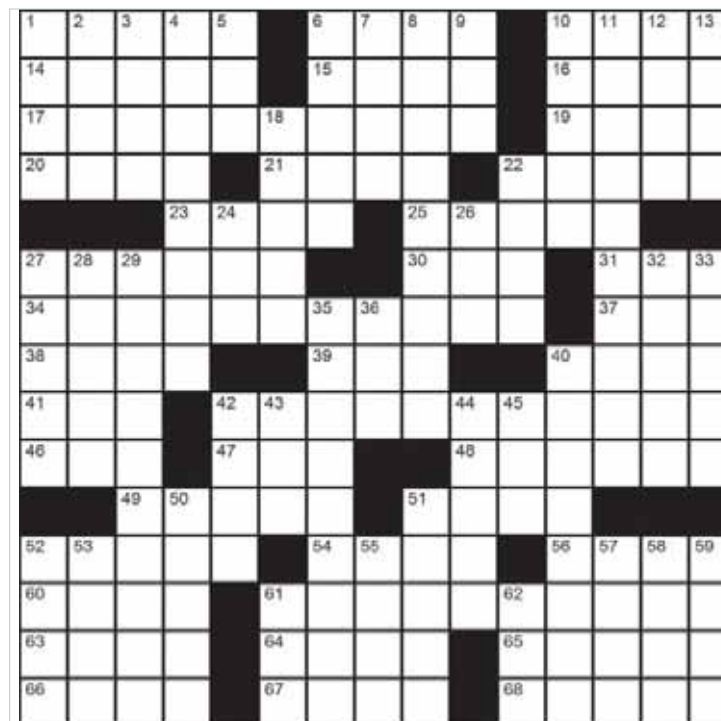
47. LummoX
48. \_\_\_ corpus
49. 1960s jacket style
51. \_\_\_ O (Pudding alternative)
52. Prefix to 'derma-brasion' (Facial treatment)
54. \_\_\_. (Line above the equator)

56. Notion
60. Horton Hears \_\_\_! (2008)
61. Disbelief
63. Well
64. Actress Ms. Malone
65. Waltz, in Paris
66. About: 2 wds.
67. Scheme

68. Halifax-born actress Ms. Page
- Down**
1. Fighter's pokes
  2. Opera singer Ms. Petina
  3. \_\_\_ and bear it
  4. "I'm quaintly surprised!"
  5. Charlottetown

- Airport code**
6. Canadian tennis player Mr. Raonic
  7. The \_\_\_ Mountains (Range in Russia)
  8. Architecture: Calgary's historic buildings material
  9. Cease
  10. Floral leaf

11. Horse from Scotland
12. "\_\_\_ fair in love..."
13. \_\_\_ the Parents (2000)
18. Mr. Hawke
22. Billboard chart-toppers
24. "\_\_\_ quit!"
26. Java holder
27. Pitchers
28. Music's Ms. Jones
29. Berth a boat: 2 wds.
32. 1963 Billboard chart-topper: Hey \_\_\_
33. Mountains in South America
35. "\_\_\_ and Oates" (Folk duo comedy, on MuchMusic)
36. Cartoonist Mr. Browne
40. The Quiet Crooks band from Toronto
42. Fashion style, \_\_\_-chic
43. Swiss river, variantly
44. Scarlett's love
45. Ms. Bertinelli, to pals
50. Eat away
51. Kyoto locale
52. Wise Men
53. Victor's holler!: 2 wds.
55. Ms. Horne
57. \_\_\_ pickles
58. Latin 'being'
59. Sermon word
61. Sex and the City star ...her monogram
62. 'Select' suffix



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Rio4 SX with Navigation shown<sup>5</sup> - hwy / city 100km<sup>6</sup>: 5.3L/7.3L

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Rio5 SX shown<sup>5</sup> - hwy / city 100km<sup>6</sup>: 5.3L/7.3L

2015 **RIO** LX MT

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WEEKLY **\$0**  
DOWN  
PAYMENT **0%**  
FINANCING FOR  
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**\$40**<sup>4</sup>  
WEEKLY + **DON'T PAY**  
until  
**NEXT YEAR**<sup>1</sup>



Forte SX shown<sup>5</sup> - hwy / city 100km<sup>6</sup>: 5.3L/8.0L

2015 **FORTE** LX MT

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**\$40**  
WEEKLY **\$0**  
DOWN  
PAYMENT **0%**  
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**Atlantic Kia dealers**  
for Atlantic drivers.



Offer(s) available on select new 2014/2015 models through participating dealers to qualified retail customers who take delivery from November 1 to December 1, 2014. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. Vehicles shown may include optional accessories and upgrades available at extra cost. All offers are subject to change without notice. All pricing excludes delivery and destination fees up to \$1,665, PPSSA, other fees and certain levies (including tire levies) and A/C charge (\$100, where applicable), licensing, registration, insurance, and other taxes. Other lease and financing options also available. <sup>1</sup>"Don't Pay Until Next Year" (60-day payment deferral) applies to purchase financing offers on all new 2015 models on approved credit. No interest will accrue during the first 30 days of the finance contract. After this period, interest starts to accrue and the purchaser will repay the principal interest monthly over the term of the contract. Offer ends December 1, 2014. <sup>2</sup>0% purchase financing is available on select new 2015 models on approved credit. Terms vary by model and trim, see dealer for complete details. <sup>3</sup>Cash bonus amounts are offered on select 2014 models and are deducted from the negotiated purchase price before taxes. Available on cash purchase offers only. Offer varies by trim. Certain conditions apply. \$6,000 maximum cash bonus amount only available on the 2014 Optima Hybrid EX (OP74CE) and includes a \$1,000 ECO-Credit. <sup>4</sup>Representative finance example: 0% financing offer for up to 84 months available to qualified retail customers on approved credit for the new 2015 Forte LX MT (F0541F)/2015 Rio LX MT (R0541F)/2015 Rio5 LX MT (R0551F) with a selling price of \$14,495/\$12,595/\$15,995 which includes a \$1,500/\$1,500/\$500 loan rebate and excludes delivery and destination fees of \$1,485 and \$79 PPSSA. 364 weekly payments of \$40/\$35/\$38 for 84 months with \$0 down payment. Credit fees of \$0. Total obligation is \$16,059/\$14,159/\$15,559. See retailer for complete details. <sup>5</sup>Model shown Manufacturer Suggested Retail Price for 2015 Forte SX (F0748F)/2015 Rio4 SX with Navigation (R0749F)/2015 Rio5 SX MT (R0557F) is \$26,695/\$22,395/\$19,295. <sup>6</sup>Highway/city fuel consumption is based on the 2015 Rio LX+ ECO AT/2015 Forte 1.8L MPI 4-cyl MT/2015 Rio5 LX+ ECO AT. These updated estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the *EnerGuide Fuel Consumption Guide*. Your actual fuel consumption will vary based on driving habits and other factors. <sup>7</sup>Loan rebate amounts are offered on select 2014/2015 models and are deducted from the negotiated purchase price before taxes. Available on finance offers only. Certain conditions apply. \$1,000 Holiday Bonus amounts are offered on select 2015 Winter Edition models and are deducted from the negotiated purchase price before taxes. <sup>8</sup>\$1,000 Holiday Bonus amount available on the 2015 Forte LX+ AT Winter SE (F0743F), 2015 Rondo LX AT 5-seater Winter SE (R0753F), 2015 Rondo LX AT 7-seater Winter SE (R0757F) and 2015 Optima LX AT Winter SE (OP743F). Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit [kia.ca](http://kia.ca) or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation.